

Name \_\_\_\_\_  
 Date \_\_\_\_\_  
 Search & Rescue Team \_\_\_\_\_

**Rock International**  
**Kingdom Lifestyle Weekly Overview:**  
**Reflecting, Planning, Praying, Producing**

(Reminder: This weekly overview is not to be used legalistically to produce striving. Your Father & family love you unconditionally.)

*“Seek first His kingdom and His righteousness, and all these things will be given to you as well.” Matt. 6:33*

<u>Myself under Christ and His Kingdom</u>	<u>My Natural Family</u>	<u>My Spiritual Family</u>	<u>My Occupation</u>	<u>My Citizenship</u>
Body Exercise: (6x’s wk): Rate__ Reflect Eating: Rate_____ Reflect Rest: Rate_____ Reflect	Relationship with Parents Rate__ Reflect	Relationships with leaders: Rate__ Reflect	Relationship with boss Rate__ Reflect	Prayer for leaders Rate__ Reflect
Soul Mind: Rate_____ Reflect Will: Rate_____ Reflect Emotions: Rate__ Reflect	Relationship with Spouse Rate__ Reflect	Relationships with Rock Group: Rate__ Reflect	Relationship with coworkers Rate__ Reflect	Awareness of issue Rate__ Reflect
Spirit Communing with God (7x’s week): Rate__ (Worship, Word, Prayer, Works): Reflect Hearing God’s Voice: Rate__ Reflect Spiritual Passion/Fire: Rate__ Reflect	Relationship with Children Rate__ Reflect	Consistent attendance & contribution in Rock Group & Celebration: Rate__ Reflect	Attitudes of servanthood Rate__ Reflect	Concern for social issues: Rate__
Stewardship Time Management: Rate__ Reflect Money Management (10-10-80): Rate__ Reflect Sabbath Day Rest: Rate__ Reflect	Relationship with Siblings Rate__ Reflect	My ministry in the church: Rate__ Reflect	Character (honesty, punctuality, etc) Rate__ Reflect	Voting
Ministry: I preached Christ & Kingdom (word + deed): Rate: __ Reflect I trained/discipled another: Rate__ Reflect I ruled & reigned bringing the divine order of The kingdom in every area of life: Rate__ Reflect	Level of Heart Openness Rate__ Reflect	I embrace values, vision, strategy: Rate__ Reflect	Productivity Rate__ Reflect	Involvement
Character, heart attitudes and motives: Rate__ Reflect	Transmission of grace (affection, love, wisdom, power, life) Rate__ Reflect	I am utilizing my spiritual gifts Rate__ Reflect	Prayer for boss, employees, & company Rate__	Compliance with civil laws  Other
Purity of speech: Rate__ Reflect	Level of Communication Rate__ Reflect	My prayer for people and purpose: Rate__ Reflect	Occupational growth	
	Quality Time Rate__ Reflect	Tithing (10%) & Offerings Rate__ Reflect	Profitability	
	Awareness of Others “love language” Temperament, and needs: Rate__	Reaching out to lost & inviting others to church: Rate__ Reflect	Other	
	Level of Servanthood: Rate__	Participation in Training: Rate__ Reflect		
	Divine Order: Rate__ Reflect			

(Rating System 1,2,3,4,5,6,7,8,9,10: 1= Needs significant help/improvement, 5= acceptable, 10= awesome)

**Accountability Questions**

1. In what areas and in what ways are you most struggling?
2. In what areas and in what ways are you experiencing success?
3. Is there any sin (commission and omission) which you need to confess to your Search & Rescue Team or Covenant Family (House Church)?
4. Are there any sins in your life that you are deliberately concealing from members of your natural and spiritual family?
5. In which of the five categories is the Holy Spirit most speaking and working on? What specifically is the Holy Spirit dealing with in your life?

**Weekly Planning Sheet**

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00							
1:00							
2:00							
3:00							
4:00							
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**Goals For This Coming Week**

1. Write two or three goals you wish to reach this week.

**Strategy and Plans**

1. How do you plan to reach these goals (where, when, how, with whom)?
2. What will be the results of reaching your goals?